



Intergenerational Learning Programme for 55's and over

COMPUTERS FOR BEGINNERS Intergeneration55@DCU

Each learner will receive three two hour sessions with the support of a DCU volunteer student. Subjects include emailing, internet and online shopping. The course operates on a three week cycle.

Starting Dates	:	February 14 to March 1 March 6 to March 22 March 27 to April 12 April 17 to May 3 May 8 to May 24 May 29 to June 14 June 19 to July 5
Duration	:	3 Weeks
Days	:	Tuesday, Wednesday, Thursday
Time	:	10am to 12noon and 2pm to 4pm
Location	:	DCU Campus, Ground Floor, School of Educational Studies, Henry Grattan Building
Fee	:	€20 (Funded by the Dept. of Communications, Energy and Natural Resources).

'PRACTICE MAKES PERFECT'

This is an eight week course for anyone who would like to improve their skills with regard to emailing, using the internet, on-line shopping, typing and digital photography.

Starting Date	:	February 18th
Duration	:	8 weeks
Day	:	Saturday
Time	:	10am to 1pm
Location	:	Dublin City University, Henry Grattan Building
Fee	:	€70

'INTERNET AND BEYOND'

This is an eight week course for anyone who is quite comfortable with email and browsing the internet, but would like to know more about Facebook, Twitter, Skype, and other social media.

Starting Date	:	February 18th
Duration	:	8 weeks
Day	:	Saturday
Time	:	10am to 1pm
Location	:	Dublin City University, Henry Grattan Building
Fee	:	€70

'GET WRITING'

This is an eight week course for anyone who would like to start writing whether it be life stories, poetry, short stories etc.

Starting Date	:	March 6th
Duration	:	8 weeks
Time	:	Tuesday 10am to 11am
Location	:	Dublin City University, Henry Grattan Building
Fee	:	€40

'HEALTH AND WELLBEING'

This course will look at various topics including positive ageing, mindfulness, memory issues, physical and mental wellbeing, etc.

Starting Date	:	March 8th
Duration	:	8 weeks
Time	:	Thursday mornings
Location	:	Dublin City University
Fee	:	€40

For further details or to register email carmel.conroy@dcu.ie or call 7007423 and leave a message.

